

A look at the numbers...

See fact sources in notes section starting at page 416

8,000,000,000
hours volunteered in 2009



8 billion

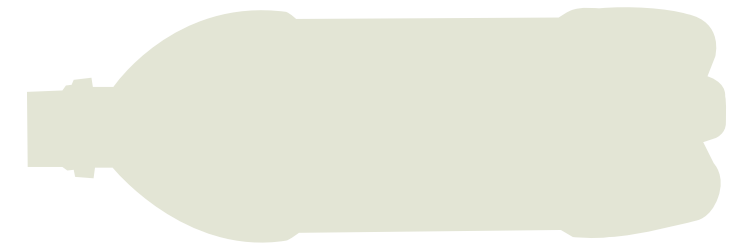
Number of hours that more than 63 million people (nearly 20% of Americans) volunteered in 2009.



\$300 billion

Amount US citizens donated to charitable organizations in 2010 (about 2% of GDP)

US consumers buy more than **half a billion gallons of bottled water** every week, enough bottles to circle the globe 5 times.



17 million

Number of barrels of oil (used in manufacturing plastic water bottles) that would be saved by kicking the bottled water habit

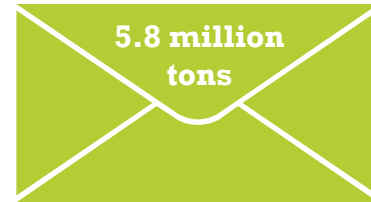
100,000 cars

could run for a year on the oil saved.

If everyone in the world lived like Americans, **we would need 5 planets** to produce what we consume and absorb our waste.



Each year, **5.8 million tons** of envelopes eventually end up as



450 thousand garbage trucks worth of waste.



100 million

Number of trees that could be saved by eliminating all junk mail.

Millions of people and thousands of companies have opted out of junk mail through **donotmail.org** and **catalogchoice.org**.

20 tons

CO2 emissions:

The average North American generates about **20 tons of CO2 emissions** per year.

The world average is just under **4 tons**.

4 tons



1,100 lbs

Amount of CO2 emissions that could be prevented by turning the thermostat down 3°F in the winter and up 3°F in the summer.

2,500 lbs

Amount of CO2 emissions eliminated by getting rid of your second refrigerator.

1,040 lbs

Amount of CO2 emissions that could be saved per year by using public transportation one day a week instead of driving.

Numbers Pages Notes

1. '8 billion hours' Susan Kinzie, "Number of volunteers has grown despite recession, study says," Washington Post, June 15, accessed March 7, 2011.
2. '\$300 billion' www.charitynavigator.org/index.cfm?bay=content.view&cpid=42, accessed March 7, 2011.
3. 'Bottled water' Ariel Schwartz, "Annie Leonard's 'Story of Bottle Water' Should Make Fiji Nervous," Fast Company, March 22, 2010, www.fastcompany.com/1593405/annie-leonards-story-of-bottled-water-should-make-fiji-nervous, accessed April 14, 2010.
4. '5 planets' Global Footprint Network, "Ecological Footprint Atlas 2010," <http://www.footprintnetwork.org/images/uploads/Ecological%20Footprint%20Atlas%202010.pdf>, accessed May 27, 2011.
5. 'Junk mail' Center for a New American Dream, www.newdream.org/junkmail/facts.php, accessed September 2, 2010.
6. 'CO2 footprints' Encyclopedia of Earth, www.eoearth.org/article/Carbon_footprint, accessed March 7, 2011.
7. '1,100 lbs' Green Energy Council, "Home Tips," http://www.greenenergycouncil.com/pdfs/home_tips.pdf, accessed July 1, 2011.
8. '2,500 lbs' Energy Star, www.energystar.gov/index.cfm?fuseaction=find_a_product.showProductGroup&pgw_code=RF, accessed July 1, 2011.
9. '1,040 lbs' American Public Transportation Association, www.publictransportation.org/facts/, accessed March 11, 2010.