

2. Personal Action Plan

Introduction

By now students have become very familiar with the multitude of solutions contained in *Dream of a Nation*. This activity works best if students have completed the Solution Hierarchies activity in Lesson Module II, have students refer to the lists created in that activity. Using those lists students will choose solutions to implement in their everyday lives and write essays outlining their plans for implementing those solutions. In the following activity students will start journals to track their commitment and progress.

Process

Start this activity by having students look over the lists created in the Solution Hierarchies activity in Lesson Module II. Have students trim their lists of “Solutions I Will Implement” down to 5 solutions they realistically plan implement in their everyday lives and what issues the solutions will help solve.

Solution	Issue
1. Make sure all lights are off when a room is empty	Cut down energy consumption
2. Instead of buying disposable water bottles get a reusable bottle	Reduce waste
3. Weatherize windows for winter	Reduce heating costs and loss of energy
4. Donate clothes that don't fit to a foundation that will put them to good use	Help less fortunate and recycle clothes instead of throwing them away
5. Replace incandescent light bulbs in my house with more efficient light sources	Reduce energy costs

Once students have created their lists have them construct essays explaining why and how they will implement these solutions, also have students set goals if the solution can be measured. Students will track their progress in journals in the next activity.

A Step Further

Have students choose a local organization to volunteer with weekly. Have students report back to the class and record their experiences in their Solution Journal.