Dream of a Nation

Improving Health and Avoiding Alarming Trends

Infographic

- 1. Judging from the statistics provided how does the current healthcare system treat wellness and disease in America?
- 2. What factors contribute to the costs of healthcare in the US?

Key Steps for a Healthy Nation

- 1. What role does the federal government have in protecting its citizens from chronic illness?
- 2. Using a comprehensive definition for wellbeing, define what aspects of American lifestyle need to change in order to affect the wellbeing rate of contemporary Americans.

Strengthening the Food and Health Connection

- 3. Historically, what are the reasons for the government's subsidizing of agribusiness?
- 4. What are the institutional barriers to large-scale whole and unprocessed food adoption?

Avoiding the Dangers of Toxic Exposure

- 5. What are the EPA's duties in regards to assessment, regulation and prohibition of man-made chemicals?
- 6. What potential actions could be taken, on the part of the citizenry, to enact legislative change in regards to chemical regulation?

Tackling the Profit Problem in Healthcare

- 7. How is the fundamental issue in the healthcare system, prioritization of profits over people, indicative of the larger issues surrounding health and wellness in America?
- 8. What are the alternatives to the current healthcare system? What are the arguments against a single-payer healthcare system?

Post-Reading Questions

- 9. What are the current discussions concerning health and wellness in America? What change of focus would be required for a more comprehensive public education agenda?
- 10. In the public debate over healthcare reform what are the primary articulations of both sides of the debate? How can the parameters of the discussion be altered to address the monetary as well as health concerns of American society?